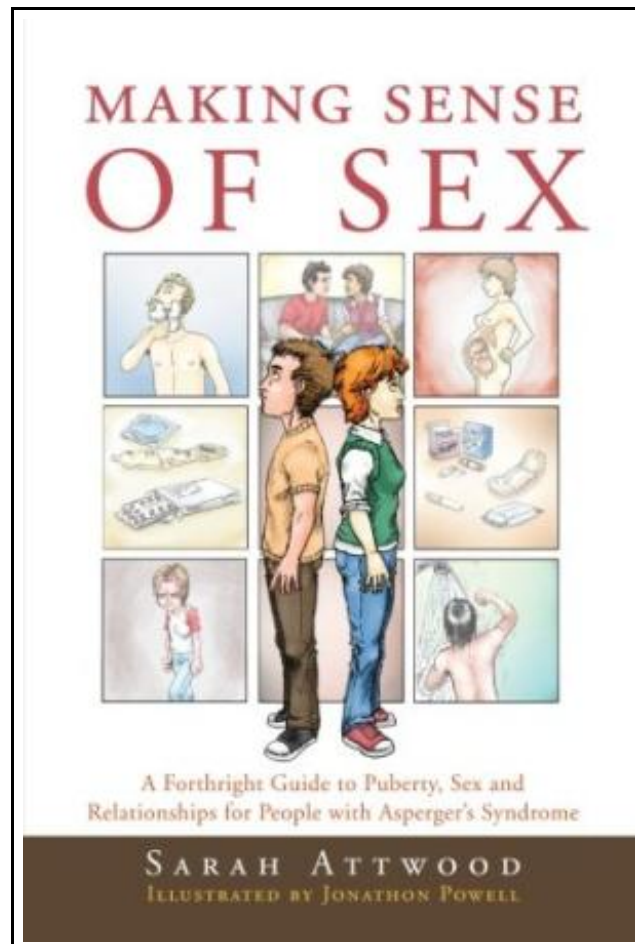


Making Sense of Sex: A Forthright Guide to Puberty, Sex and Relationships for People with Asperger's Syndrome



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Jessica Kingsley Publishers, Inc, 2008. Softcover. Book Condition: New. Puberty is a time of huge change in the physical body, in emotional experience and in social relationships. Having an understanding of these developments and learning how to deal with them is essential, and for people with Asperger's syndrome it can be a challenge to get to grips with the social and emotional aspects of puberty, sex and relationships. This book is ideal for those who need clear, detailed explanations and direct answers to the many questions raised by puberty and sexual maturity. Sarah Attwood describes developments in both the male and female body, and explains how to maintain hygiene and personal care, and to promote general good health. She examines emotional changes, including moods and sexual feelings, and provides comprehensive information on sex, sexual health and reproduction. She looks at the nature of friendship, how it changes from childhood to adulthood and its importance as a basis for sexual encounter. She also offers coping strategies for different social experiences, from bullying to dating, and includes essential tips on the politics of mature behavior, such as knowing the difference between public and personal topics of conversation. Making Sense of Sex is a thorough guide written in unambiguous language with helpful diagrams, explanations and practical advice for young people approaching puberty and beyond. Sarah Attwood worked for fifteen years as a sexuality educator in Australia, where she designed a wide range of sexual health programs. Her particular areas of expertise include the education of parents and of school children aged 9 to 17 years. She grew up with a sister who has Asperger's syndrome and who has been an inspiration to her. Jonathon Powell completed a Diploma of Fine Arts and a Bachelor of Animation at Griffith University, Queensland. He has illustrated...



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